

Body Treatment

Price x 1,000 VND

Body scrub

A deep cleaning and extoliating treatment using mineral sea salt or natural ingredients to remove all dead skin, helping skin to be stronger with more vitamins

Body scrub with salt / Coffee / Coconut	30'	550
Body scrub with green tea	30'	550
Body scurb and massage	75'	850



Facial care

Price x 1,000 VND

With 4 basic steps:

Cleanse:

Using fresh milk and sensitive skin face cream to clean your face with warm mineral water

Steam and scrub:

Steaming the face pores helps to relax blood circulation. During steam time, the therapist will use scrub cream to take dead skin off your face using soft massage therapy

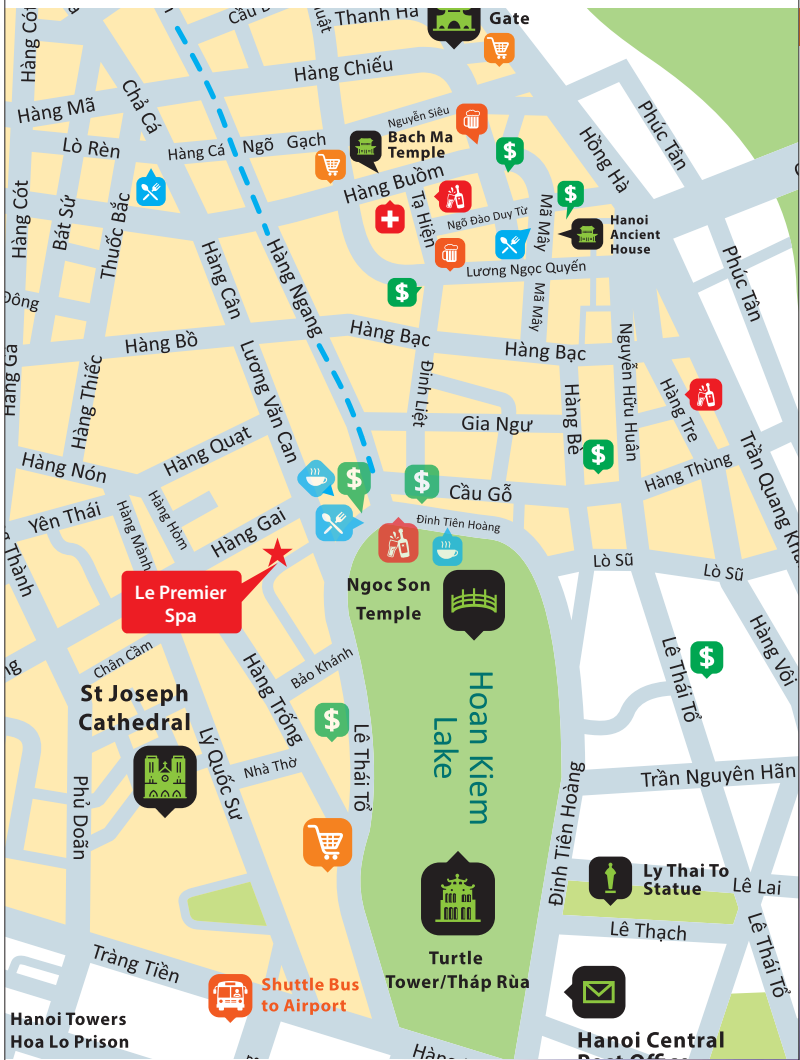
Massage:

The third step, which is an important step in the process of facial care is massage. The therapist will use the method of acupressure and gentle massage to help your skin completely relax

Facial mask:

Finally we use special masks depending on your skin type to cover your face. The mask helps your face skin to become smoother, stronger and brighter

Facial care with seasonal fruit	60'	500
Basic facial care	60'	500
Skin whitening and moisturizing	60'	550
Face acne care	70'	650
Anti-aging facial care with collagen mask	75'	750



27 Hang Hanh, Hoan Kiem, Hanoi, Vietnam
(+84) 915 933 688
info@lepremierhotel.com
www.lepremierhotel.com

Le Premier
Spa

OPENING DAILY
10:00 am - 22:00 pm
Free one way taxi from Hanoi
Old Quarter to Le Premier Spa
Last booking before 9.30 pm

SPA ETIQUETTE

Escape through Le Premier Spa for an on hour, an afternoon or an entire day of total personal pampering. Le Premier Spa located in Hang Hanh Street, less than 2 minutes from Hoan Kiem Lake - the heart and the soul of Hanoi. As soon as you enter our day spa, you will experience the peace and tranquility our city is known for.

There are lots of massage style in Le Premier Spa, from our signature synergy treatment to traditional herbal hot compress massage that applies the ancient techniques to relieve muscle pain, improve blood circulation and support body healing. In addition to our full range of customized treatments: manicure, pedicure, waxing services, massage therapy, skin care and body treatments, you will discover a meaningful place where guests are able to break away from the stressful daily life and experience true inner peace... Where else can you experience a closer to nature activity with your friend?

Payment methods: We accept cash and major Credit Cards such as: Visa, Master Card..



Treatment Pakage

Price x 1,000 VND

Hot Sauna - Shower 3h 3,500

Body scrab 30'
Dead sea mud wrap 30'
Hotstone massage 60'
Collagen: Anti-aging facial care with collagen mask 60'
Soft drink / red wine with noodle / cake

Refreshing Pakage 2h20' 1,800

Offer fruit and juice
Hotstone massage 60'
Foot treatment 80'
Hot Saunna - Shower

Relaxing Pakage 3h00 2,500

Offer fruit and juice
Body scrub with salt 30'
Rice body wrap 30'
Vietnamese massage 60'
Skin whitening and increasing moisture 60'
Hot Saunna - Shower

Amazing Pakage 4h00 3,500

Offer fruit and juice
Body scrub with coffee 30'
Dead sea mud wrap 30'
Synergy massage 60'
Anti-aging facial care with collagen mask 60'
Manicure & pedicure color 60'
Hot Saunna - Shower

Body Massage

Price x 1,000 VND

Baby Massage

Time	60'	75'	90'	120'
Price	600	750	800	1,000

One kind of soft massage using aromatic oil and gentle massage techniques to rest your body

Aroma Massage

Time	60'	75'	90'	120'
Price	750	900	950	1,200

A thoroughly smoothing body massage using specially blended essential oil

Thai Massage With Oil/ Without Oil

Time	60'	75'	90'	120'
Price	750	900	1,100	1,250

This strong and joint-cracking massage uses both palm and thumb force to concentrate on pressure points over the whole body, helps relax muscles and create an overall sense of well being

Vietnamese Traditional Massage

Time	60'	75'	90'	120'
Price	750	900	1,100	1,200

The Vietnamese style of massage focuses on working out knots in muscles through kneading techniques, the prime focus is de-stressing the body

Hotstone Massage

Time	60'	75'	90'	120'
Price	750	900	1,10	1,200

This treatment blends the therapeutic properties of heated basalt stones with swedish massage techniques to deeply penetrate tight muscles, improve circulation and promote a sense of well-being

Shiatsu Massage

Time	60'	75'	90'	120'
Price	750	900	1,100	1,300

The firm and masterful massage was originated from Japanese acupressure techniques. It focuses in deeply pressing on tender or sensitive points that help stimulate blood flow, release toxins, and allow the body to naturally heal itself.

Synergy Massage

Time	60'	75'	90'	120'
Price	750	900	1,100	1,300

A combination massage utilizing the best of Thai, Shiatsu and Aroma massage techniques to stime-late the body's merid-ians; resulting in energy balance and restoring health

Four Hands Massage

Time	60'	75'
Price	1,500	1,900

This technique is using the synchronization of calpping and punching of two masseurs. The purpose is to increase the speed and give you a simultaneous massage on the back and legs

Shoulder & Back

Time	30'	45'
Price	300	450

Shoulder With Hotstone

Time	30'	45'
Price	400	600

Head & Shoulder

Time	30'	45'
Price	500	600

Body Wrap

Price x 1,000 VND

Rice body wrap	30'	500
Dead sea mud wrap	30'	500

Dry / Steam Sauna	20'	480
Herbal bath in Jacuzzi	30'	700

Foot & Hand Care

Price x 1,000 VND

Foot massage	60'	450
--------------	-----	-----

Helps balance your body by focusing on your feet to stimulate the body energy points

Foot massage with hotstone	60'	550
----------------------------	-----	-----

Foot spa	75'	600
----------	-----	-----

Foot scrub + Massage

Foot treatment	80'	650
----------------	-----	-----

Foot scrub + Massage + Paraffin mask

Spa manicure	75'	550
--------------	-----	-----

Scrub + Manicure color

Spa pedicure	75'	550
--------------	-----	-----

Scrub + Pedicure color

French manicure	250
-----------------	-----

Manicure color	280
----------------	-----

Pedicure color	280
----------------	-----

Gel nails (manicure or pedicure)	400
----------------------------------	-----